

Supporting childminders' provision for babies: A reflection guide

We developed this guide based on our findings from a rapid evidence review in the research project 'Achieving high-quality provision for babies among childminders in England'.

Use these questions to reflect on your practice, celebrate strengths, and consider opportunities for further development in your baby provision. Work through one section at a time, either independently or with a community of practice.



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For more information on the project, reports, and recommendations, visit <https://childmindingbabies.blog/>



Reflection questions

How do you think the babies in your care benefit from being in a home-based setting day-to-day?

- How does being a home-based setting allow you to respond to individual babies' needs?
- How do your relationships with families support babies' wellbeing and learning?
- If a baby could tell you what they enjoy most about spending time with you, what might they say?

What challenges do you encounter when it comes to offering high-quality provision to the babies in your care?

- When caring for babies alongside older children, what challenges arise and how do you navigate them?
- How do you care for your own wellbeing while providing emotionally responsive care?
- How does working alone affect your opportunities to reflect on and develop your practice?

What support helps you offer high-quality provision to the babies in your care, and what support would you like in the future?

- Who do you turn to for support when you want to bounce ideas off someone or when you need help with a challenging situation?
- What knowledge or skills would you like to develop further in relation to babies?
- When you face challenges in your practice, where do you turn for support?