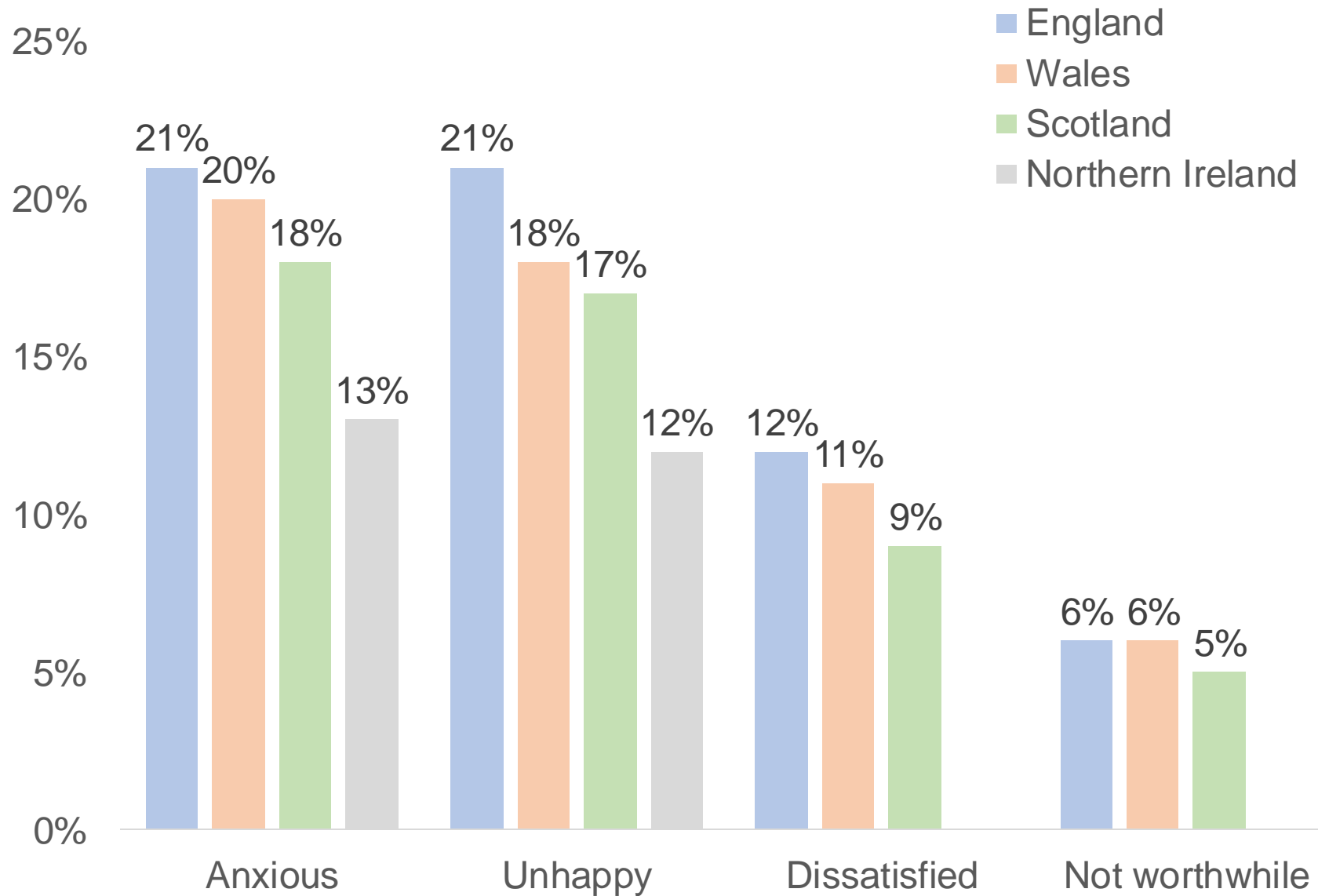


What do we know about teacher wellbeing in 10 key charts

Prof. John Jerrim

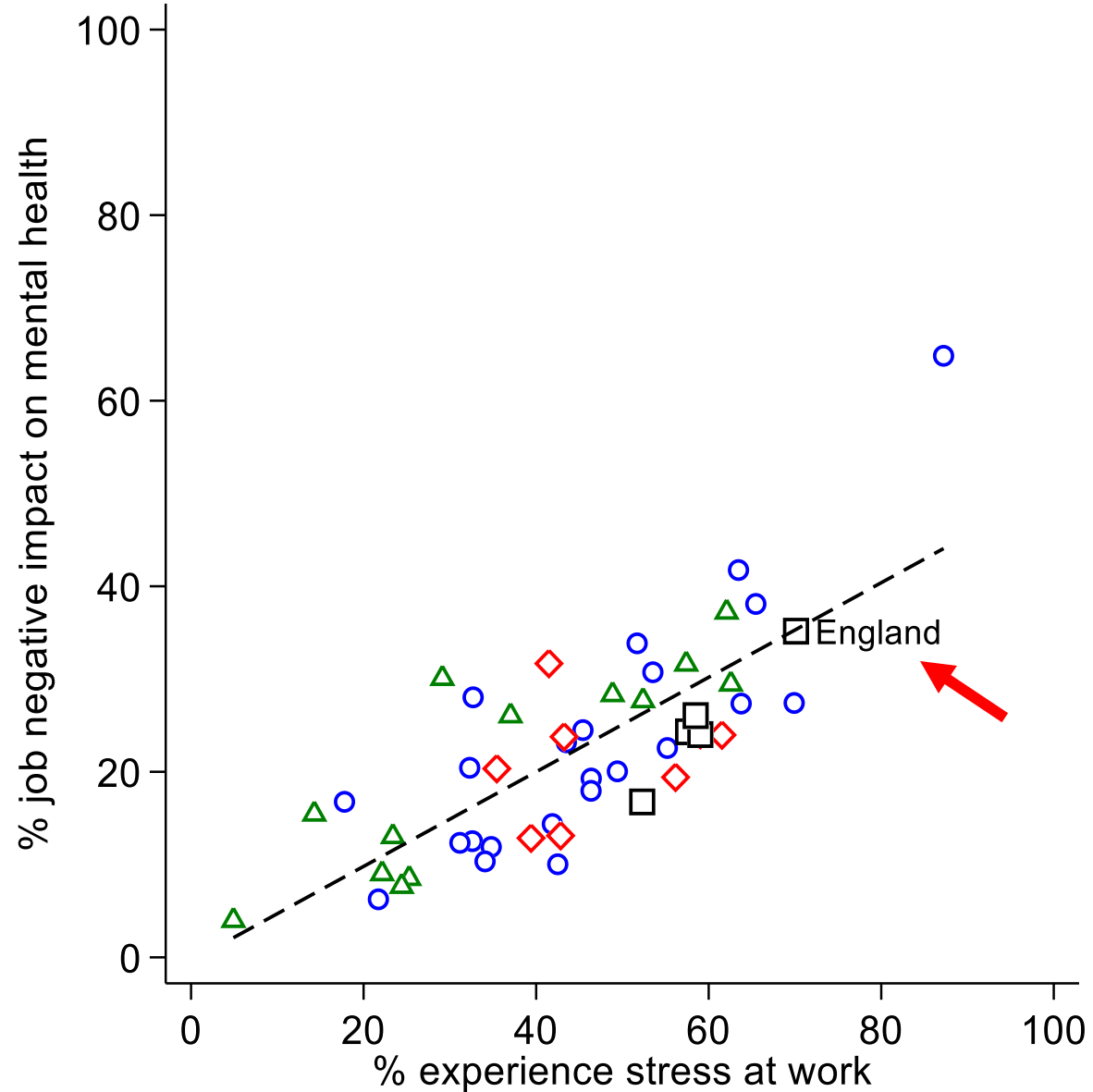


1. Teachers in England report slightly lower wellbeing than those elsewhere in the UK



Data
2011 - 2018

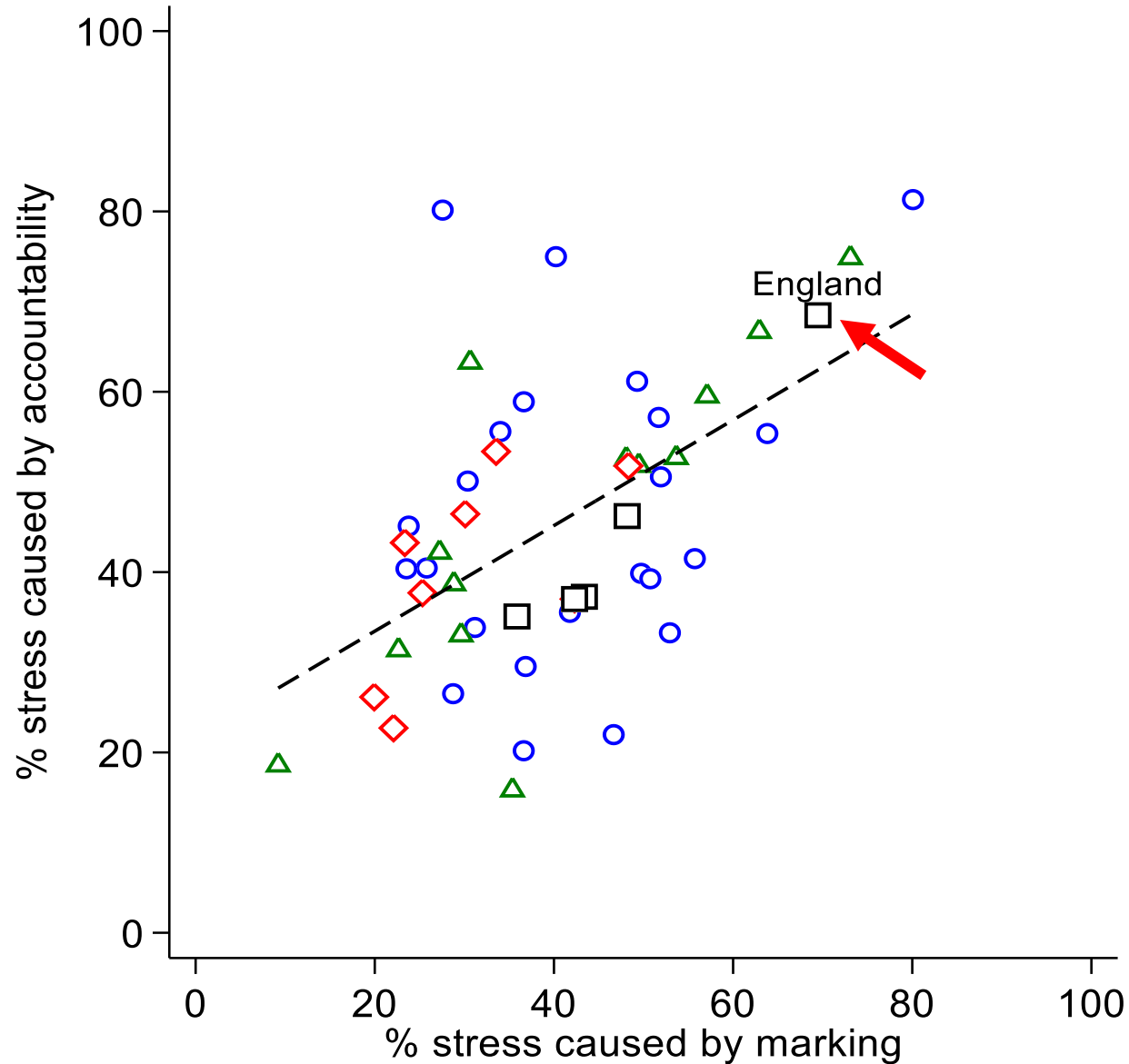
2. Teachers in England report more stress at work than other countries



Data from 2018

Red diamonds = High performing PISA countries.
Blue circles = Average performing PISA countries
Green triangle = Low performing PISA countries.

3. Teachers in England say they are more stressed about marking + accountability than teachers in other countries



Data from 2018

Red diamonds = High performing PISA countries.
Blue circles = Average performing PISA countries
Green triangle = Low performing PISA countries.

4. Teachers feel less stressed at work when their workload is manageable and the leadership is supportive

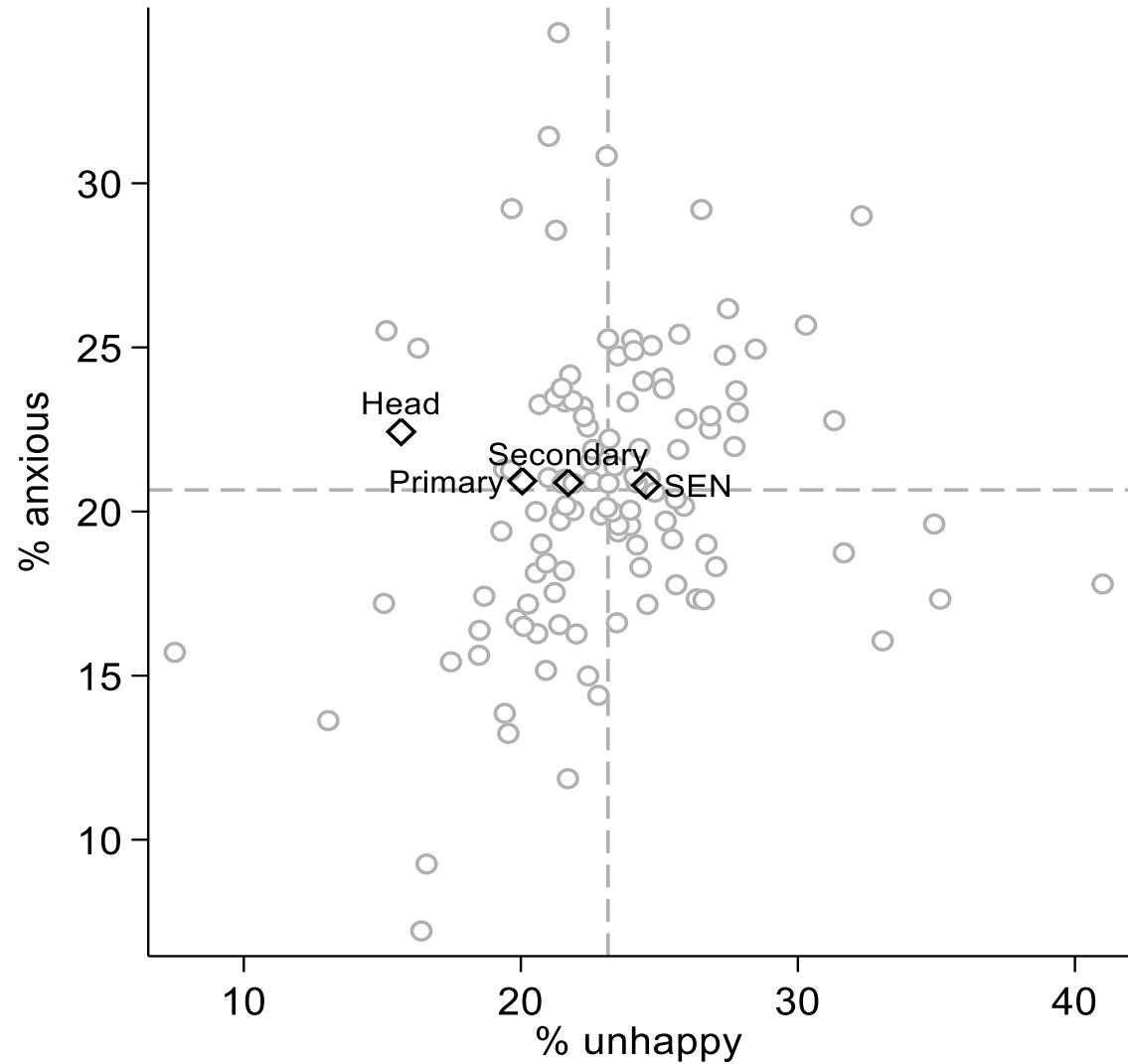
Estimates of the relationship between different elements of school working conditions and teachers' workplace stress

	Effect size
Supportive leadership	-0.17*
Workload	-0.46*
Collaboration	-0.05*
Preparation	-0.03
Discipline	-0.04

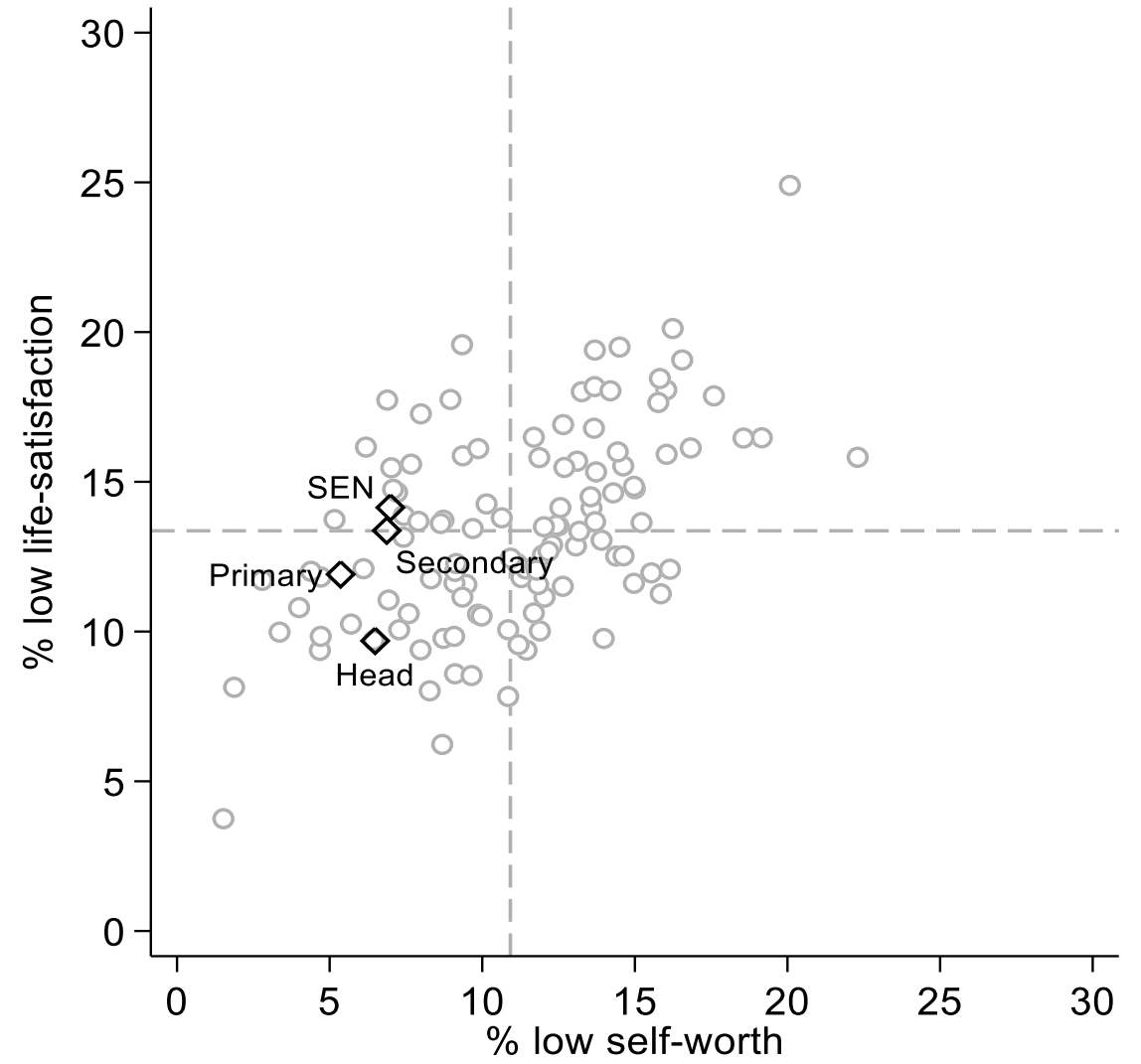
Notes

Source: TALIS 2018 data for England. Based on a sample of 2,022 teachers. * denotes statistical significance at the 5% level. Figures refer to effect sizes for a one standard deviation improvement in any given working condition scale (e.g. workload, supportive leadership).

5. Little evidence teacher wellbeing worse than other professional workers in England. Data 2011-2018.

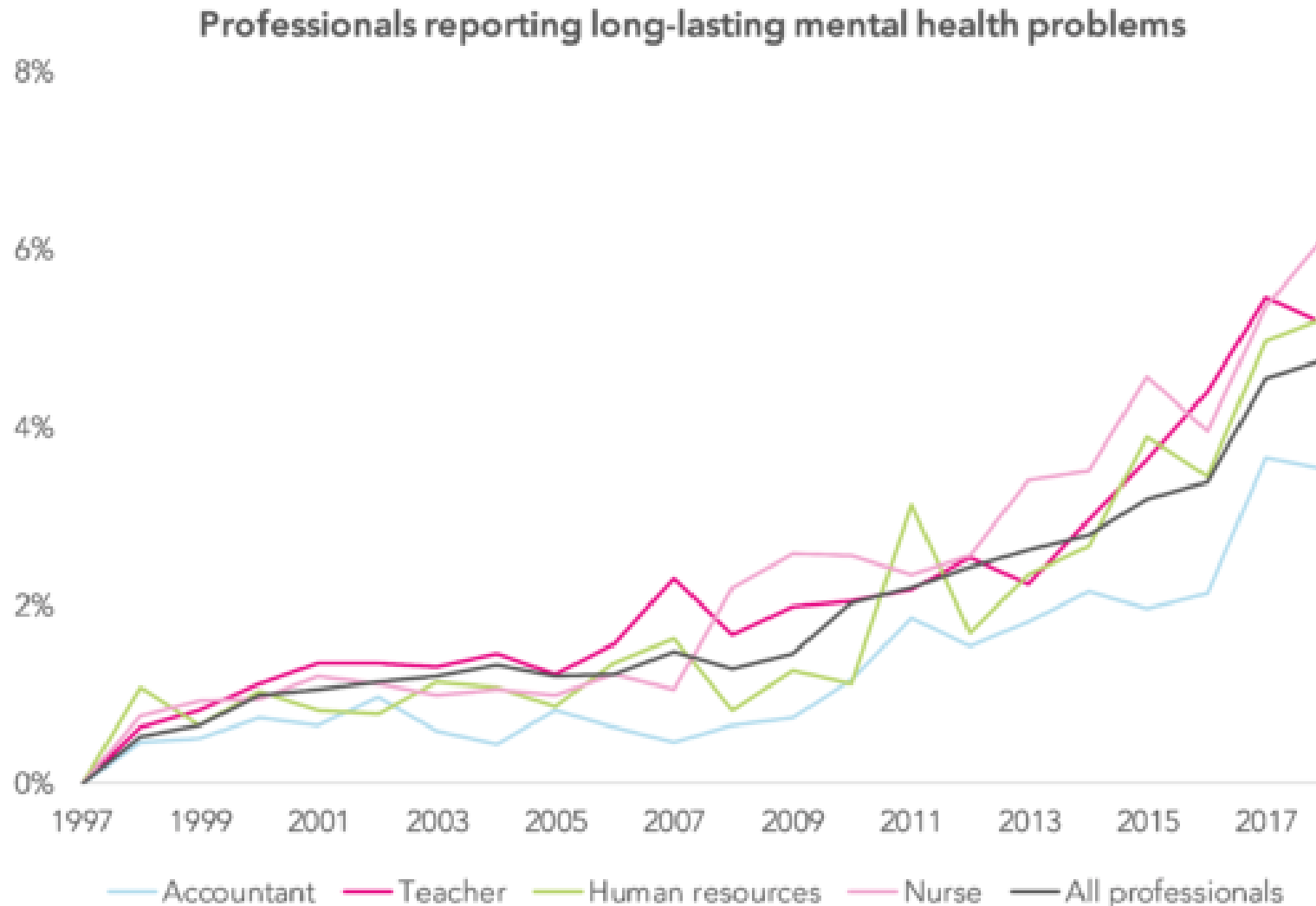


Levels of anxiety / unhappiness



Low life-satisfaction / self-worth

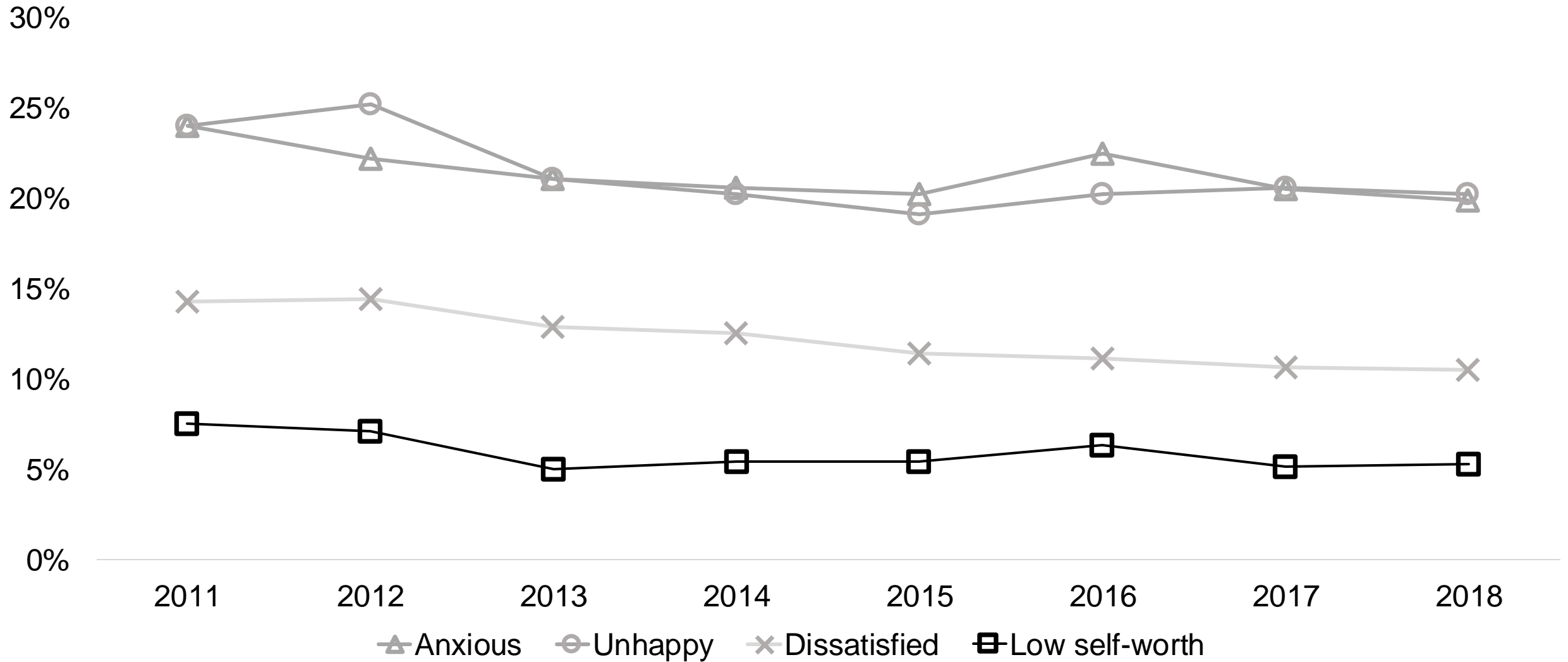
6. An increase in teachers reporting mental health issues over time. But also seen in other professions....



Notes

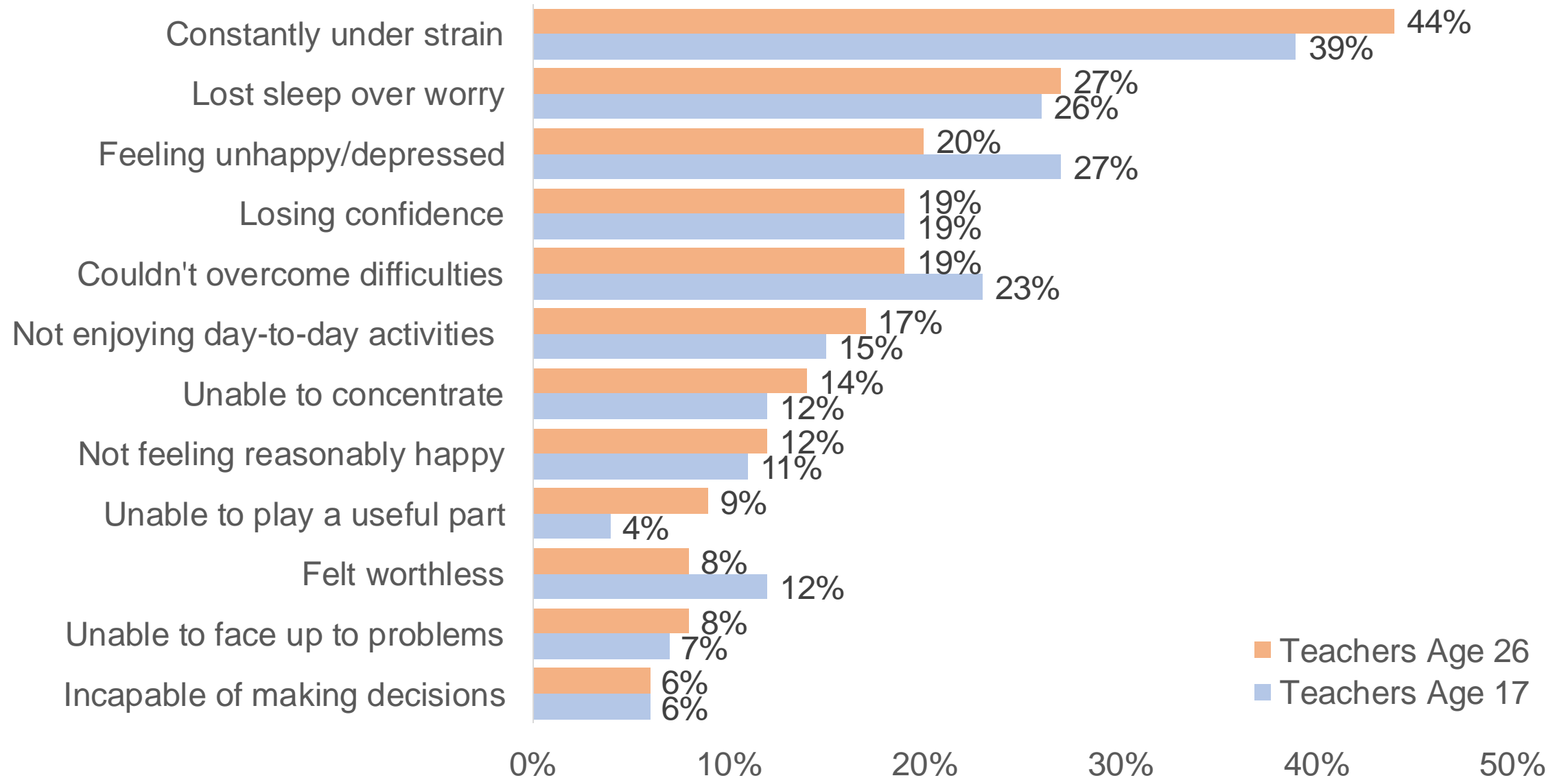
Source: Labour Force Survey. Figures refer to problems with "depression, bad nerves or anxiety", or mental illness/other nervous disorders. Long-lasting is defined as lasting or expected to last for at least 12 months.

7....but this may just be a reporting issue

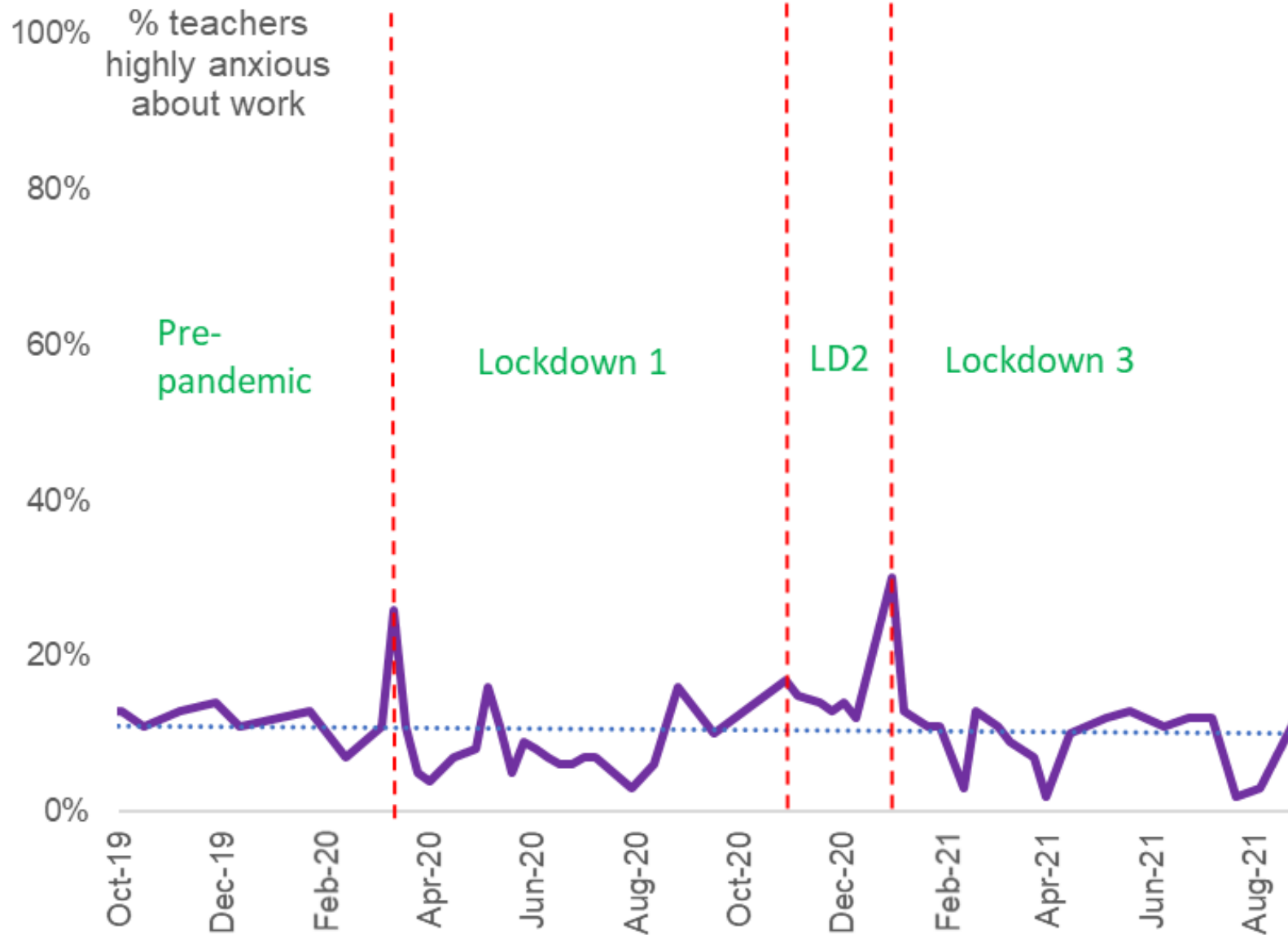


No change over last decade in levels of anxiety, unhappiness, life-satisfaction or self-worth

8. Mental health of early-career teachers does not seem to decline after entering the profession



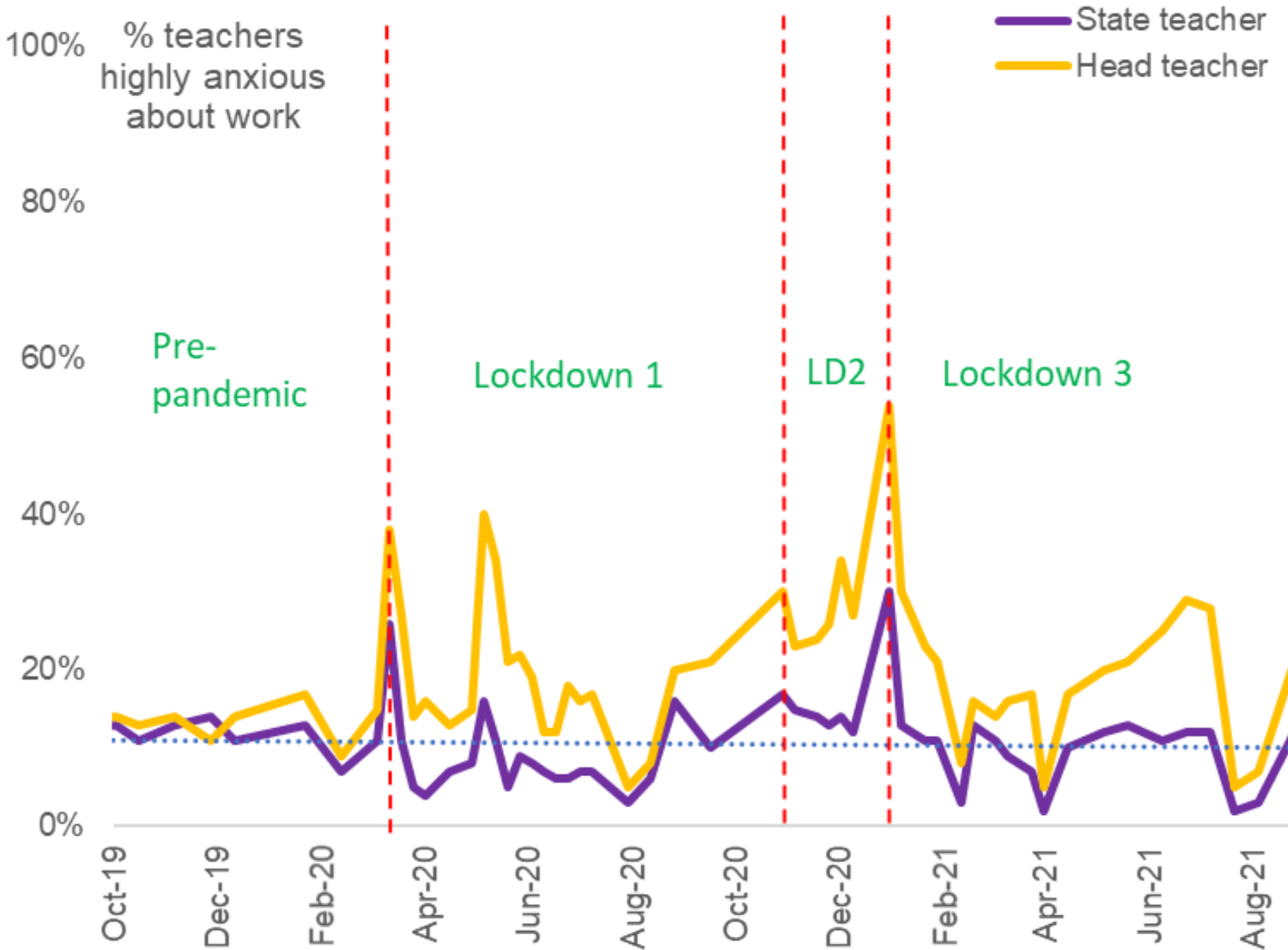
9. Teachers work-related anxiety did not notably increase during most of the pandemic (outside of some very specific points)



% of teachers reporting high levels of work-related anxiety during pandemic

Outside of the weeks when lockdowns announced, teachers work-related anxiety similar to pre-pandemic levels

10. but headteachers experienced a more difficult time



% of teachers reporting high levels of work-related anxiety during pandemic

Pre-pandemic

Work-related anxiety of teachers/heads similar

During pandemic

Work-related anxiety of headteachers greater than for teachers